Cleaning road signs may seem like an unusual way to spend your free time, but it's actually a thoughtful way to make a difference. Essex County Council's budget primarily focuses on adult social care, so it's crucial to prioritize what little remains. Personally, I believe that by taking the initiative to clean road signs, I can help save funds for the County Council, which can then be allocated to those in need.

Another activity I find fulfilling is litter picking. There's something calming about the systematic process of collecting litter. Not only is it a great form of low-pressure exercise, but it also benefits nature and the environment. If you're interested in joining me for an organized litter pick, please don't hesitate to reach out.